A JOINT MESSAGE FROM
LEADERSHIP

At Rocky Mountain Health Care Services, our goal is to be known as the best provider of care in the Pikes Peak region for our elderly and those with a brain injury; to help them remain safe and healthy; and to help them live their fullest life possible. Thanks to the hard work and dedication of our employees and the guidance of our Board of Directors, we continued to grow over the course of 2019.

Rocky Mountain PACE (Program of All-inclusive Care for the Elderly) experienced another year of growth in seniors served, enrolling 225 new participants. BrainCare continued helping participants thrive after a brain injury with skills training and case management. This strong growth speaks to the need for programs like PACE that support medical, functional, and social needs in our communities, especially as people are living longer.

Looking to the future, our focus is to bring PACE services to everyone in the community who qualifies and to make RMHCS one of the best places to work in the Pikes Peak region, creating a culture of excellence and providing exceptional coordinated medical support services so our parents and grandparents can age with the respect they deserve. Over the next three years our goal is to serve over 1,000 participants through the PACE program. By applying to expand our service area, exploring the potential of additional PACE sites and leveraging our strong community collaborations and partnerships, we can make this vision a reality.

On behalf of the Board of Directors and the President and CEO, it is an honor to serve this community.

Sincerely,

Daniel O’Rear
Chair

Nathan C. Olson
President & CEO
WHO WE ARE

The Rocky Mountain Way:
The difference between ordinary and extraordinary is that little extra.

Our Mission:
The mission at Rocky Mountain Health Care Services (RMHCS) is to provide the highest-quality, cost-effective, person-centered services to improve lives, optimize wellness, and promote independence for those underserved. We work diligently to keep individuals as highly independent as possible. We deliver exceptional care to enrich the lives of our participants and empower them to live vibrant, independent lives.

Since 1976, we’ve worked towards this goal through programs that are designed to meet the specific needs of individuals living in El Paso County.

Our Vision:
RMHCS would like to be known for the best health care services in the Pikes Peak region. We will be a thriving nonprofit, continuing to deliver high-quality, cost-effective, person-centered care, expanding our services in Colorado while influencing care on a local, state and national level. We will eliminate healthcare worries, elevate quality of life, be the region’s employer of choice and become the leading catalyst for change in healthcare. We will grow and respond to the health care needs of our community as it continues to change. Our goal is to be supporters of change, while improving and collaborating with others when it comes to providing a range of excellent health care services.

Our Values:
Everyone at RMHCS values and honors the commitment to our community to help participants lead meaningful, independent lives.

We believe in:
S tewardship
E xcellence
R espect
V eracity + Integrity
I nnovation
C ollaboration
E mpathy + Compassion

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WHAT WE DO

Rocky Mountain PACE

895 SENIORS SERVED

BrainCare

44 ADULTS SERVED
Who We Serve:

73 Average age
32% Men 68% Women
55-100 Age distribution of participants

24% RM PACE participants have a dementia diagnosis
83% RM PACE participants have a behavioral health diagnosis

The Interdisciplinary Team:

The interdisciplinary team comprehensively assesses the individual needs of each participant on at least a semi-annual basis.

In 2019, Rocky Mountain PACE employed:

9 Full time primary care physicians and nurse practitioners
Healthcare Services:

Rocky Mountain PACE covered the following direct healthcare costs for participants in 2019:

- **$8,494,099** Nursing Home and Assisted Living
- **$916,915** Specialists (Oncologist, etc.)
- **$7,631,595** Prescriptions
- **$780,983** Imaging and Diagnostics
- **$5,744,595** Hospitalization
- **$695,829** Oxygen
- **$1,296,447** Skilled Care
- **$487,752** Dialysis
- **$1,269,755** ER and Ambulance Transports
- **$452,037** Vision
- **$1,145,105** Hospice
- **$327,340** Dental
- **$1,018,520** Other (Outpatient, DME, etc.)

The PACE Center:

The Rocky Mountain PACE center serves as the focal point for coordination and provision of most PACE services. The facility includes a primary care clinic, areas for physical, occupational and recreational therapy, behavioral health, social services, socialization, personal care, nutritional counseling and meals.

Impact to Participants:

- **LOWER LIKELYHOOD OF SUFFERING FROM DEPRESSION**
- **LESS THAN 1 ER VISIT PER YEAR**
- **A 2019 RM PACE HOSPITAL READMISSION RATE OF 11.7%**
- **BETTER PREVENTATIVE CARE**

“"My disability used to define who I was and what I could do. Now it’s just a health condition! Thanks to PACE, now I can attend my grandchildren’s ball games and school events. This program saved my life, and I am so grateful.”

-Rocky Mountain PACE Participant

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Who We Serve:

Average age: 49
Age distribution of participants: 20-76

72% Men
28% Women

Our Process:

Foundation
Our living communities are the foundation of everything we do at BrainCare.

Rehabilitation
We offer a curriculum of classes, from academic and technical subjects like math, language & computer skills, to social & emotional skills like cooking & how to cope with their injury.

Application
We follow a project-based intervention approach to rehabilitation. Participants join project groups, select & determine the project, then plan the details from start to finish. This promotes a focus on executive functioning skills.

Achievement
The classes and project groups allow us to utilize Individual Support Plan (ISP) programs to work with participants to develop measurable outcomes. Direct care staff support participants in working on self-identified tasks while collecting data on their progress.

We focus on an individual’s holistic recovery. For our higher acuity participants, we see a minimum 18% increase in reintegration into the community and activities that they enjoyed pre-injury.
COMMUNITY OUTREACH

1. Walk to End Alzheimer’s
   Rocky Mountain PACE was the Transportation Sponsor for the walk and had over 30 walkers join the “RMHCS Pacers” team.

2. Mission GridIron
   RMHCS partnered with the YMCA and Air Force Academy to offer veterans and their families an opportunity to enjoy breakfast at the PACE Day Center and attend the Air Force vs. Army football game.

3. Mission GridIron
   The Secretary of the Air Force, Barbara Barrett, presented her first challenge coin to Bill Roche and JJ Inmann just before kickoff. They served in the Army Air Corps and are both WWII veterans.

4. Pikes Peak Challenge
   The Pikes Peak Challenge is the Brain Injury Alliance of Colorado’s annual fundraising event. Since 2014, Team BrainCare has been the largest team to participate.

5. Indy Give! Campaign
   For the first time, RMHCS was chosen to participate in the Give! campaign, an initiative that encourages people to give back and get involved with Pikes Peak region nonprofits.

6 & 7. Holiday Dinner Dance
   RMHCS staff volunteered at the Senior Resource Council’s Holiday Dinner Dance. Rocky Mountain PACE donated food for the event, which fed 500 seniors a holiday meal.
CHEF SHOWCASE is our annual signature fundraiser at Rocky Mountain Health Care Services. In 2019, the focus was to raise funds and promote awareness for Rocky Mountain PACE.

Chefs donate their time, food and talent to compete to be one of the top three chefs in the competition. Our sponsors enjoy voting on their favorite dishes, networking with guests, and learning about RMHCS’s work in the community.

OUR CHEFS

ROLLIE ORTIZ
503W

MATT WILCOXSON
Ascent Catering

STEVEN BAILEY
Atmosphere Gastropub

MATT RICHARDSON
Cheyenne Mountain Country Club

LEWIS GUARASCI
Cravings Catering - Picnic Basket of Companies

HANNAH CUPPLES & KEENAN MCCAULEY
Four by Brother Luck

BOBBY COUCH
Green Line Grill

STEVE FABIAN
Hotel Eleganté

JEFF MORLAN
Inn at Garden Plaza

MARIO MOSER
Phantom Canyon

JOEY MESTAS
Retired

JOSEY BOYD
Till Kitchen

JAMES AFRICANO
The Warehouse

BRAD MATTHEWS
Whole Foods

“CONGRATULATIONS to our winning chefs. They are the best of Colorado Springs, and we could not hold this event without them!”
OUR SPONSORS

Amazing Care Home Health
Amnet
BBVA Compass
Blakely + Company
Brain Injury Alliance of Colorado
Brookdale Senior Living CareKinesis
Colorado Springs Chamber & EDC
Colorado Springs Neurological Associates & McKesson
Colorado Springs Senior Homes

Community Health Partnership
Delta Dental
DocuMart
Edward Jones
El Pomar Foundation
Encompass Health
Ent Credit Union
Gallagher
GE Johnson
Grand Canyon University
Johnson Controls
Larry H. Miller & Liberty
Toyota of Colorado Springs
Luisa Graff Jewelers

Mountain Country Radio Numotion
Nunn Construction
Olson Plumbing & Heating
Pacific Mobile Diagnostics
Peak Elevator
Peak View Behavioral Health
Penrose-St. Francis Health Services
PeopleCare Health Services
Pikes Peak Hospice & Palliative Care
Pyramid Roofing
Rainsberger Wealth Advisors

Rocky Mountain Mobile Medical
Seniors Blue Book
Shamrock Foods
Silver Key Senior Services
Sparks Willson Borges Brandt & Johnson, P.C.
Star Dental
The Gazette
The Independence Center
The Myron Stratton Home
UCHealth
U.S. Bank
Viamedia
2019 Donors

Adam Williams
Alan Spidel
Alysia Ogburn
Alysia Sisneros
Amy Kuitse
Andi McDonough
Andrea Rosario
Angela Waterbury
Anita Pope
Anna DeWit
Anna Hochgesang
Anne Hegler
Anonymous
Austin McCord
Barb Brubaker
Barb VerCande
Ben Gagnon
Beth Suckow
Beverly Holtz
Bobbi Jo Lucero
Bobby Richards
Brad Stone
Brenda & Patrick Dukart
Brian Homme
Brittane & Aaron Dunham
Bruce Panter
Carolyn M. Wilson
Carolyn Pace
Caryn Becker
Charlene Coffin
Charlie Stine
Charlotte Long
Christine Gardner
CJ Moore
Courtney Stone
Craig & Judy Turney
Curt & Janine Wellborn
Daniel & Shelby Sarlitto-Faulk
Daniel Korleski
Daniel O’Rear
David Kast
Dean Dragon
Debora Keshan
Denise Oesterle
Donald & Laurie Wonders
Donna Butzin
Donna Gerbstadt
Doug & Brandi Brown
Eastside Eagles #3260
Ed & Joy Smith
Emerald Studebaker
Faagatasi & Andrew Mafoe
Fran Faavae
Gerald Dragon
Gina Tambone
Gloria Brooks
Hillary Charles
Jack Finn
Jackie Ruettinger
James Garofalo
James Hurley
James Stewart
Jamie Agrusa
Jan Bonham
Janet Duncan
Janet Starr Warren
Jay McKeown
Jeff Bradford
Jennifer Crosby
Jennifer Tagler
Jerry Knauf
Jessica Vasquez
Jim Harris
Jo Bell
John Birkhead
Jon Lopez
Jonathan Lopez
Jose Rodriguez
Julia Yip
Karen Barber
Karen Chaney
Karen Kay Turner
Karen S. Minero
Kelli Holt
Kevin & Linda Scott
Kevin & Patricia LaFollette
Kevin Culliran
Kim Ginter
Kim Lopez
Kim Searles
Kim Wagner
Kim Warren
Kim Worth
Kimberly Mullins
Kristi Graham
Laura Carpenter
Laurie Lawrence
Linda Ellegard
Linda Famula
Linda Sanders
Lisa Harnish
Lisa Maurirro
Lorri Orwig
Louella Sickells
Louie Larimer
Lucinda Crandall
Lynn Monfette
THANK YOU to our donors and community partners. Through your support, RMHCS is able to improve the health, happiness and quality of life of our participants.
THE RMHCS DIFFERENCE

THE DIFFERENCE BETWEEN ORDINARY AND EXTRAORDINARY IS THAT LITTLE EXTRA.

OUR PEOPLE are our greatest asset at Rocky Mountain Health Care Services. In 2019, we employed 314 people. Our goal is to be known as the best place to work in the Pikes Peak region, with a culture centered around service and the Rocky Mountain Way.

“THANK YOU to our staff for your dedication and extraordinary efforts.”
83¢ of every dollar earned went directly to support participant care and programs, and 7 cents went to administrative support. The remaining 10 cents was reinvested for future program service expenses.

### 2019 Revenue and Support:

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
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<tbody>
<tr>
<td>PACE Program Revenue</td>
<td>$60,603,040</td>
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<tr>
<td>BrainCare Service Fees</td>
<td>$2,120,405</td>
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<tr>
<td>Rental &amp; Other Income</td>
<td>$983,890</td>
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<tr>
<td>Contributions &amp; Grants</td>
<td>$214,745</td>
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<td><strong>TOTAL Revenue and Support</strong></td>
<td>$63,922,080</td>
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### 2019 Expenses:

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<th>Category</th>
<th>Amount</th>
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<td>Program Services</td>
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<tr>
<td>Administration</td>
<td>$4,502,687</td>
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<td>Fundraising</td>
<td>$33,086</td>
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<td><strong>TOTAL Expenses</strong></td>
<td>$57,640,041</td>
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### 2019 Net Assets:

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<th>Category</th>
<th>Amount</th>
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<td>Net Assets Beginning of Year</td>
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<td>Change in Unrestricted Net Assets</td>
<td>$6,282,039</td>
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<tr>
<td>Net Assets End of Year</td>
<td>$24,861,227</td>
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